



THE  
BRIARS  
SPA



 **THE BRIARS SPA**

THE BATHHOUSE  
THE SPA  
THE SAUNA  
THE STEAM BATH  
THE TUB  
THE SHOWER  
THE LOUNGE  
THE RESTAURANT  
THE BAR  
THE GARDENS

*Mountain View  
in a Lake's Setting*

800.333.1171  
www.thebriarspa.com

*Call Us Today!*

Call Ext. 2780 from your room to inquire about booking a treatment.

*Daily Specials*

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# PREPARING FOR YOUR VISIT

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Present yourself without makeup, jewellery or luggage 15 minutes prior to your service. Upon arrival, you will fill out a confidential history form. This allows our spa therapists to be aware of any medical conditions that may affect your treatment. All guests under 18 must have the health form we provide signed by their parent or guardian and the minimum age for spa guests is 12 years of age accompanied by their guardian.

We provide a robe, slippers, towels showers and toiletries. To encourage complete relaxation for yourself and others, please turn off all cellular phones. The Briars Spa is not responsible for lost items so we suggest you leave valuables at home or in a locker provided . We do not offer childcare services in the spa and parents with young children are encouraged to find appropriate care for their loved ones during treatment time. We accept children from 8 years of age and older for manicures and pedicures.



# ADDITIONAL CONSIDERATIONS

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## **To Reserve Your Treatment**

Our spa coordinators are available to assist you with your selections. To avoid disappointment, we suggest that you book your appointments as far in advance as possible. A major credit card is required to book your services.

## **Cancellations and Missed Appointments**

If an appointment is cancelled with less than 24 hours notice, a fee of 50% of the treatment cost will be billed to your credit card on file. The same fee will be applied to missed appointments.

## **Insurance Receipts**

Many of our therapists are registered (RMT) and all are certified in their professions. Receipts for insurance plans are available only with RMT Therapists. Please inquire when booking your treatments whether an RMT is available.

## **Gift Certificates**

Spa Gift Certificates are available to order by phone, email or in person. The certificate must be presented to spa reception upon arrival.

## **Accessibility**

There is wheelchair access to the spa elevator adjacent to the resort reception.

## **Methods of Payment**

Rates, packages, and services are in Canadian funds and subject to change without notice. Guests may sign their spa service charges to their room. Guests who have already checked out must pay at the Spa Reception Desk. Visa, MasterCard, Amex, Direct Debit or Cash are all accepted. We also accept WaySpa, Spa Finder or LifeExperiences cards. No third-party cards may be used in combination with any spa packages or promotions.

\*\*Prices subject to change

# SKIN CARE TREATMENTS



## SPA PRESTIGE XMF PIONEER

*90 minutes* | \$198

This original treatment uses innovative ingredients and exceptional treatment techniques for instant visible results. Utilizing two professional masks and a proprietary resurfacing lotion, this treatment restores the skin's youthful softness while minimizing lines and wrinkles.

## YOUTH INTERVENTION

*60 minutes* | \$145

A younger looking face, wrinkles are less visible, and skin is firmer and more radiant thanks to three high-performing products. Through a unique application procedure this treatment works in 3 phases: **Resurfaces** the skin using an exfoliant, **Corrects** wrinkles using a massage wax, and **Restructures** by smoothing & firming.

## HYDRA ORIGINAL

*60 minutes* | \$145

PHYTOMER reinvents moisturizing with HYDRA ORIGINAL TREATMENT. This three-step system leaves skin looking rested, plumped, and hydrated.

## CITYLIFE

*60 minutes* | \$145

Pollution and dehydration cause signs of fatigue, dark spots and a create a dull and sallow complexion. CITYLIFE reoxygenates tired eyes and at the same time diffuses mineral water into dehydrated and asphyxiated skin for complete moisture renewal.

## DOUCEUR MARINE

*60 minutes* | \$145

Best for skin that is sensitive or subject to redness. This treatment softens and soothes irritated skin, providing a more radiant glow. Smoothing the complexion with the localized application of a fresh, melting bi-gel and a rich mask. After several minutes the mask is massaged in, stimulating circulation.

## ELTRADERM COLLAGEN FACIAL

*60 minutes* | \$145

Collagen, hyaluronic acid, and vitamin C nourish the deeper layers of our skin, while antioxidants and skin hydrators strengthen the skins outer layers.

# SKIN CARE TREATMENTS



## LAKE SIMCOE FACIAL

*45 minutes* | **\$115**

This is the perfect facial for someone looking for basic skin care needs. Restore your skin's natural glow and nourish your skin using PHYTOMER marine products tailored to meet the needs of every skin type.

## ADD ON TO YOUR FACIAL TREATMENT

### EYE PERFECTION

*15 minutes* | **\$40**

Targeted effectiveness and total relaxation for perfect eyes. Delicate massage reveals instantly visible results for eyes that light up looking smooth and rested.

### RELAX BACK

*15 minutes* | **\$45**

This 15 minute signature massage was designed to rid the body of every possible feeling of stress. The application of Self Heating Marine Mud along the back will allow for deep detox of congested areas and for absolute relaxation.

(not for expectant Moms, those with high blood pressure or an allergy to shellfish or iodine.)

# BODY THERAPIES

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## SWEDISH MASSAGE

The Swedish Massage was developed to work the body's soft tissue and lymphatic system. Using specific movements, Swedish massage relieves muscular aches & pains, reduces tension, improves circulation and restores the range of motion to joints. (RMT)

**30 minutes | \$84**

**45 minutes | \$110**

**60 minutes | \$135**

## DEEP TISSUE MASSAGE

The Deep Tissue Massage is a more focused therapeutic treatment and is an excellent choice for those who receive massage on a more frequent basis. During the deep tissue massage, the therapist works to release chronic muscle tension and knots.

**30 minutes | \$89**

**45 minutes | \$115**

**60 minutes | \$140**

## HOT STONE MASSAGE

The lingering heat from the smooth river stones on the body will melt away muscular tension for a unique, soothing massage. You will experience a state of relaxation within minutes for a complete body, mind and soul treatment. (no insurance receipts issued)

**75 minutes | \$173**

## RELAXING MASSAGE

A soothing massage using essential oils known for their medicinal properties. This healing blend will be custom mixed by your therapist based on your specific needs. Aromatherapy massage can aid in reducing stress and enhance overall well being.(no insurance receipts issued)

*30 minutes* | \$79

*45 minutes* | \$105

*60 minutes* | \$120

## PRE-NATAL MASSAGE

This pregnancy massage has been found to reduce stress, decrease swelling in the arms and legs, and relieve aches and pains in muscles and joints. The expecting mom will be positioned for support during the massage, using pillows and padding to ensure the safety of mother and baby.

*30 minutes* | \$84

*45 minutes* | \$110

*60 minutes* | \$135

## STONE FLEX

A relaxing massage using heated river stones on the body, enhanced by reflexology on the feet and a scalp massage will take you to a deeper level of relaxation. This treatment includes the use of a seasonal blend of essential for heightened relaxation. (no insurance receipts issued.

*90 minutes* | \$210





# HOLISTIC THERAPIES

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## THE HOLISTIC DUO

Revitalize your life essence with the healing benefits of Reflexology and Aromatherapy. Your therapist will gently work on the pressure points of your feet, releasing tension and stress. Combine this with a relaxing massage enhanced with essential oils to completely balance your senses.

**60 minutes | \$135**

## DETOX REFLEXOLOGY

Combining the natural healing powers of Reflexology and the potency of detoxifying algae, the pressure is applied to specific “reflex” points on the feet while a special mud algae, that is lined down the spine, stimulates circulation and aids in whole body detox.

**30 minutes | \$94**

**45 minutes | \$120**

**60 minutes | \$145**

## REFLEXOLOGY

An ancient form of natural healing. Pressure is applied to specific “reflex” points in the feet in order to release energy blockages in the corresponding areas throughout the body. Deeply relaxing and benefits both body and mind.

**30 minutes | \$84**

**45 minutes | \$110**

**60 minutes | \$135**



**THE BRIARS**  
RESORT & SPA ON LAKE SIMCOE

# HYDROTHERAPY & WRAPS



## DETOX MARINE BODY WRAP

*60 minutes* | \$145

Treat yourself to this totally custom blended experience. Begin with an exfoliation and then let us lather you in Algae to purify, tone and eliminate toxins. This treatment should not be received if you have an allergy to shellfish or iodine or if you are pregnant.

## REMINERALIZING BODY WRAP

*60 minutes* | \$145

Instantly relax with this body wrap. The experience begins with an exfoliation followed by a clear body mask that is ideal for instantaneous revitalization thanks to the algae extract, Oligomer.

## BODY POLISH

*30 minutes* | \$92

Mineral salts are used to help you relax, rejuvenate and revitalize dry and tired skin. Followed by a shower and the application of a nutrient-rich cream. PHYTOMER products are used in this service.

## SCALP HYDROTHERAPY

*60 minutes* | \$145

Indulge in The Briars unique scalp hydrotherapy treatment. Enjoy the relaxing touch of skillful hands and the healing essences of an aromatherapy conditioner.

# HANDS & FEET

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## MANICURE

**30 minutes | \$30**

Includes nail shaping, cuticle repair, hydrating hand massage, and optional polish application.

## SPA MANICURE

**45 minutes | \$45**

Includes manicure with the addition of an exfoliation, warm paraffin treatment, and optional polish application.

## SHELLAC MANICURE

**45 minutes | \$50**

Includes manicure, application of long last shellac polish, and a hand massage.

## PEDICURE

**60 minutes | \$65**

Your treatment includes nail shaping, cuticle repair, hydrating foot massage and optional polish application.

## SPA PEDICURE

**75 minutes | \$75**

Includes pedicure with the addition of aromatic foot wrap, callous softening, exfoliation, and a warm paraffin application.

## ENHANCEMENTS

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French Polish	<i>free</i>
Shellac French Polish	<i>free</i>
Shellac Removal	<b>\$15</b>

## SALON SERVICES

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Brow or Lip Waxing	<b>\$20</b>
Brow & Lip Waxing	<b>\$30</b>
Underarm Waxing	<b>\$27</b>
Bikini Waxing	<b>\$30</b>
Lower/Upper Leg Waxing	<b>\$40/\$45</b>
Half Leg Waxing	<b>\$68</b>
Brow Tinting	<b>\$17</b>
Eyelash Tinting	<b>\$30</b>
Brow & Eyelash Tinting	<b>\$43</b>

# BEST SPA MEMBERSHIP

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## YOUR BENEFITS\*

- Enjoy a 60-minute massage for \$109 (Regular price is \$135)
- Receive an official receipt for insurance claim!
- Provide use of a robe, sandals, and a locker
- Access to our sauna, whirlpool, and indoor pool
- Complimentary refreshment

\*Minimum one massage per month, 12-month commitment



A peaceful oasis on the shores of Lake Simcoe, The Briars Spa is the place to relax your body and revitalize your mind and spirit.



# SPECIALS

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MONDAY

Briars Pedicure

Regular \$65 | Now \$50

WEDNESDAY

Seniors Day

15% OFF manicure, pedicure and  
facial treatments

*See our spa promotions page for monthly or seasonal  
specials and promotions*

[Click here](#)

# SPA DAY PACKAGES

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## PURE INDULGENCE

\$345

60-minute Relaxing Massage  
60-minute facial  
Spa Manicure  
Spa Pedicure

## BRIARS LUXE ESCAPE

\$297

60-minute Relaxing Massage  
45-Minute Lake Simcoe Facial  
Briars Manicure  
Briars Pedicure

## REFRESH AND RECHARGE

\$216

60-minute Specialized Facial  
Briars Manicure  
Briars Pedicure



## CONTACT US

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1 (800) 465 - 2376  
spa@briars.ca

## VISIT US

55 Hedge Rd  
Jacksons Point, ON  
L0E 1L0

## HOURS

Open every day:  
10 am to 6 pm

[WWW.BRIARS.CA](http://WWW.BRIARS.CA)

JAN 2024